

# GROW seasonal guide

in full accord with nature.





lucking and then eating that very first perfect little tomato of the year is like having a special taste of heaven on earth. Grown in rich, healthy soil with just the right amount of water—and the life-giving energy of the sun—that single sweet-tart tomato can represent all the goodness that Mother Nature provides us for seasonal eating in the summertime. Then, consider all the subtly unique flavor profiles of the different types of tomatoes regeneratively grown on the farm and their shimmering, jewel-like tones. Then add in the flavorful peas, lettuces, summer squash, cuke with bloom, and so much more, and you have a true cornucopia of seasonal culinary iewels.

During the past two summers, we've chosen words to symbolize how we feel. We've used "appreciation" and "connection"—and, this summer, we're reflecting on the word "cherish." Our entire farm family cherishes the relationships we've built with our treasured chefs and we want to slow down long enough to make sure that we share how much we appreciate you; how much you encourage us to continue to improve;

and how much we admire your creativity and talent.

We cherish our connection with the Earth and how we have the opportunities to hear the heartbeat of Mother Nature as we walk through fields, hearing birdsong, the whisper of the wind, and the quiet word of someone else walking alongside us, perhaps saying, "Look! Look over there" as we stop in awe to cherish a new crop emerging from the ground.

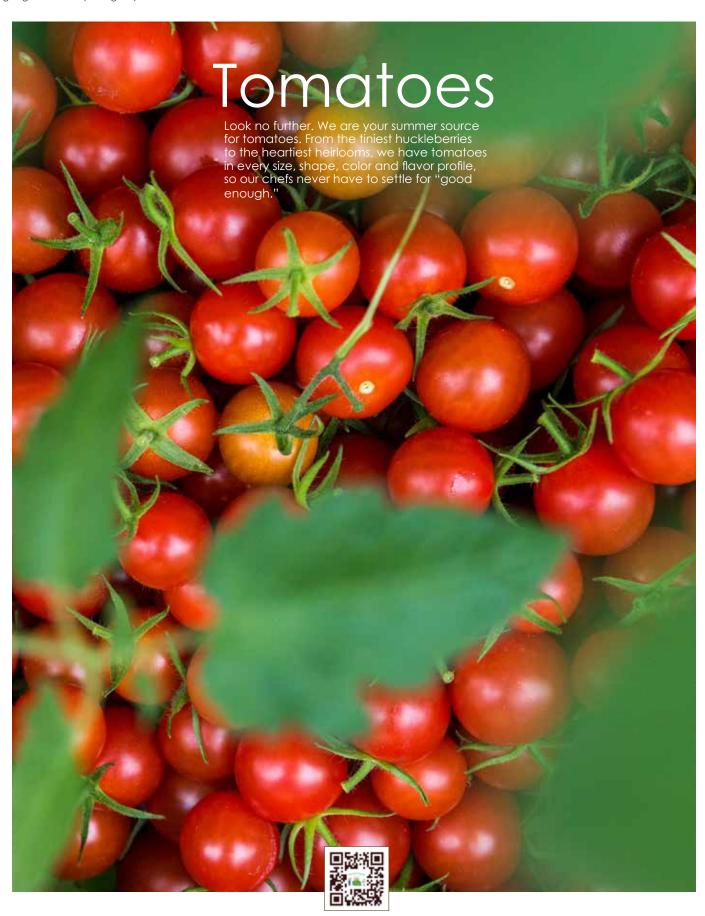
To help you browse what we've grown in our treasure box of goodness for the season, our summer menu planner contains the entire spectrum of flavors, sizes, hues, and shapes of our farm-fresh vegetables as well as our herbs, microgreens, and edible flowers.

Be inspired! Imagine, experiment, and enjoy.

Farmen Lee Jan Eat you Vosses

@farmerleejones







sweet pea currant half envelope (17SPC-H)



pineapple tomatillos pint (17-PT-12) flat (17-PT-11)



purple bumble bee 1#(17PUBT-2)



mixed toybox (17HTB-33)



mixed currants pint (17MCURT-11) flat (17MCURT-11)



mixed heirloom 8# (17MXHM-44)



dragon's eye 8# (17DET-44)

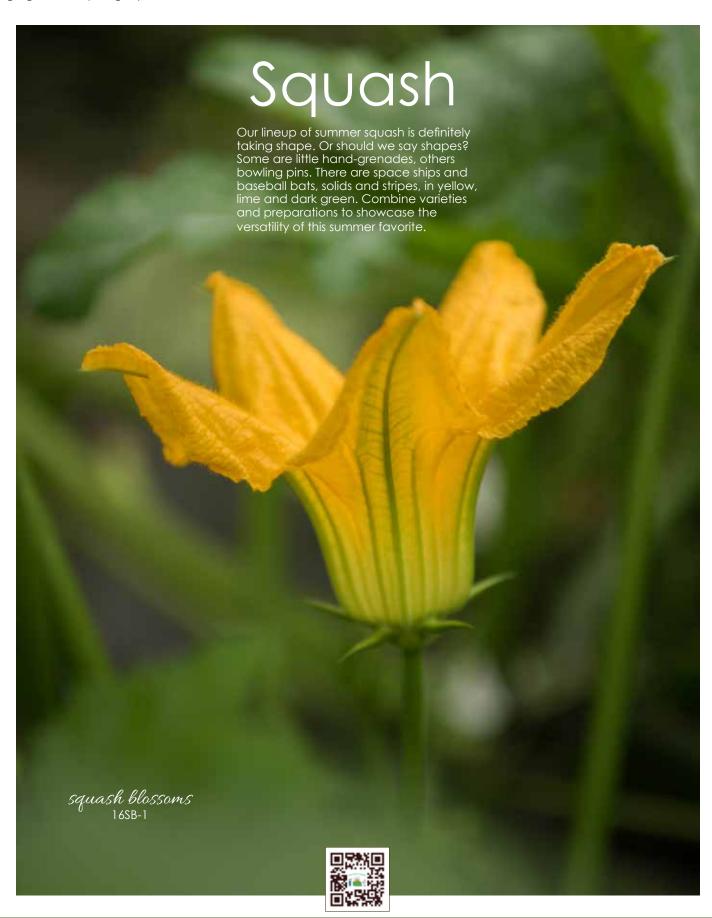


huckleberries pint (17HBT-12) flat (17HB-11)



green zebra 8# (17ZT-44)

















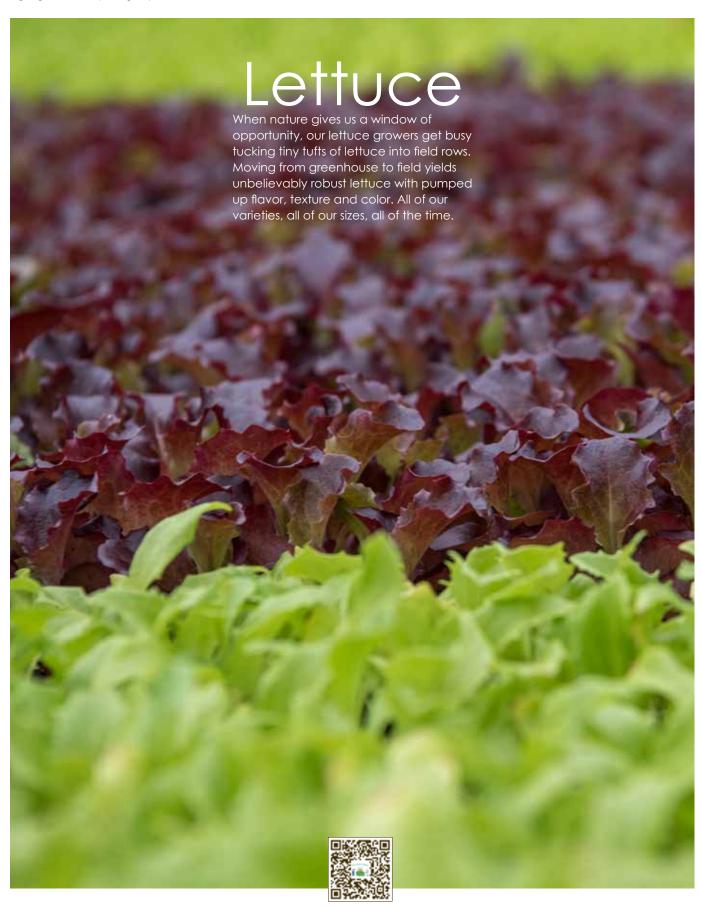
patty pan (16BPE-2)























ultra red romaine pkg. (09URR-33)



ultra green oak #(09UGO-2)



ultra red rose romaine # (09URRR-2)



ultra Iolla rossa # (09ULR-2)



ultra painted oak # (09UPO-2)







baby red ruffled mustard # (o9RRM-2)



baby mixed kale 3# (07BKM-9A)



bay ruffled green mustard # (O9GRM-2)



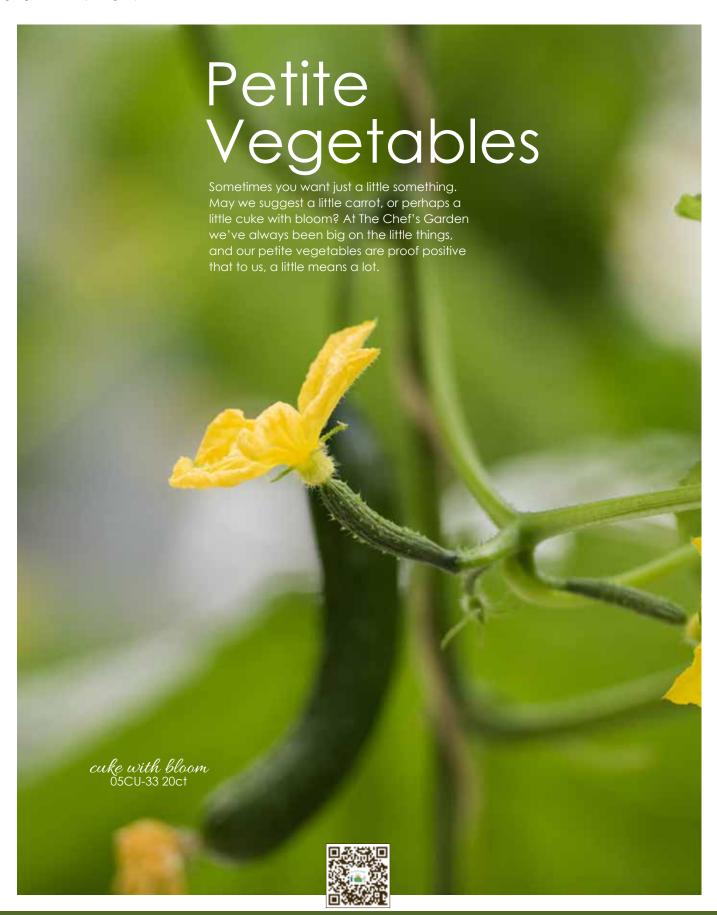
bok choy # (09BOKC-2)



baby asian blend 3# (09BA-9A)









cucamelon half pint 04CM-12 flat 04CM-11



petite white turnip 50ct (O1WTP-33)





























## **Edible Flowers**



nasturtium 50ct (05NSF-24)



egyptian starflower 50ct (05ESTF-24)



borage 50ct (05BBOF-24)



citrus marigold 50ct (05CM-24)



mixed mini floret 50ct (05MFLO-24)



lemon plum cream johnny 50ct (05JJLP-24)







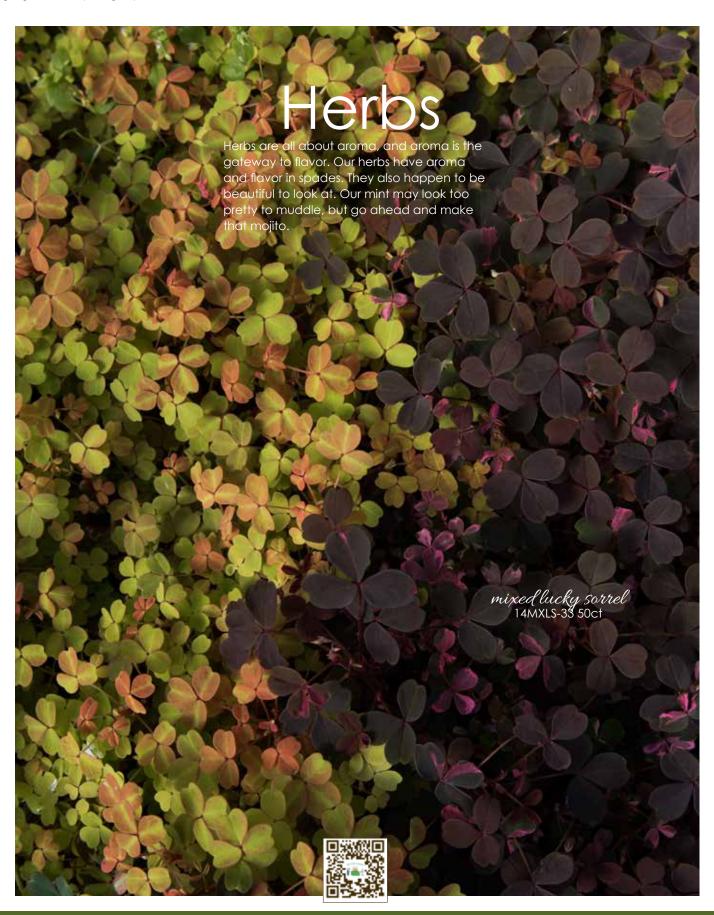






## Edible Blooms & Blossoms









### Five-Pointed Edible Beauties

Chefs Min Kim, David Middleton, Jimmy De Almeida and German Mauricio Villatoro

ven the names of Egyptian starflower varieties sound wonderful: from apple blossom to cream puff and from red velvet to strawberry cheesecake. Then, add in their grassy-honey flavored heat, satisfying texture, and stunning hues in five-pointed beauty—and you've got an in-demand edible flower that adds incredible touches to creative dishes. Here's how a few of our cherished chefs use them.

#### **Chef Min Kim**

Chef Min loves the vibrant colors and shapes of edible flowers and, at Wynn Las Vegas, he appreciates the milder flavor of Egyptian starflowers. That makes them very versatile and useful, he shares, "in just about any dish without compromising the flavor."

I add Egyptian starflowers, knowing that it will add beauty without interfering with the flavors.

#### **Chef David Middleton**

Chef David Middleton also appreciates the beautiful colors that Egyptian starflowers impart to his dishes at Wynn Las Vegas. A popular coriander crusted big eyed tuna fish dish benefits from both coriander blooms and Egyptian starflowers. Other ingredients include yuzu truffle aioli and orange fluid gel.

"People share how they enjoyed the pretty aesthetic," Chef David says. "Because coriander bloom looks like baby's breath, this combination makes the flowers on top look like a beautiful bouquet."

#### Chef Jimmy De Almeida

At Bagatelle Miami, Chef Jimmy may use four or five kinds of edible flowers on a dish, knowing that guests will interact with their eyes first. When using them, he's celebrating a moment in time when the flowers are at their peak of beauty.



Salade Croquante Aux Céréales Avec Vinaigre de Framboise

In his Salade Croquante
Aux Céréales Avec
Vinaigre de Framboise, he
creates a crunchy salad
using seasonal grains and
raspberry vinegar. Main
ingredients include organic
spelt, avocado, and
raspberry seasoned with
herbs and beautified with
edible flowers, including
Egyptian starflower.

#### Chef German Mauricio Villatoro

As the vice president of culinary for the Backal Hospital Group, Chef German creates dishes and

drinks that please diners' senses. For example, he uses the lovely Egyptian starflower as a garnish

on a mouthwatering dish that includes A5 Wagyu beef, porcini mushrooms, and truffles.

In The Jazz Club at Aman, he's created luxurious high end cocktails with the Egyptian starflower. "This beautiful flower," he says, "simply goes well with everything."



## Have You







fennel # (08BFEN-2)

lettuce rosettes petite (09MPLRO-24), ultra (09MLRO-24), baby (09BMLRO-2)







nasturtium leaves 50ct (05NSLF-33)



citrus lace 50ct (05CMLV-33)







shelled english peas # (20SEP-2)



mixed eggplant # (03MBE-2)

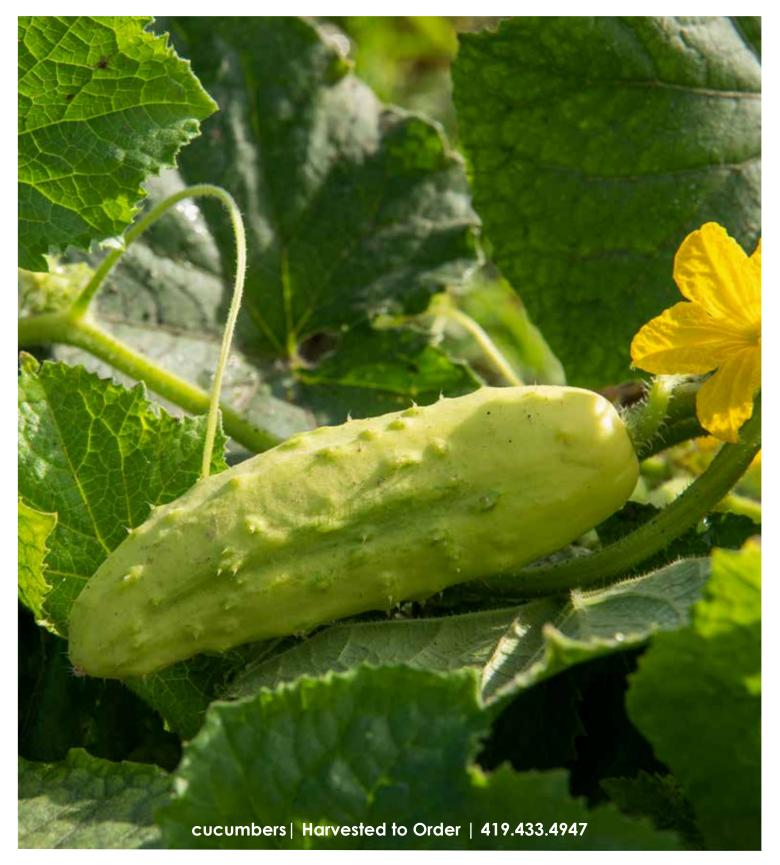


carmellini ® beans 100ct (20CA-33)



crystal lettuce quartet 50ct (09CLQ-33-S)

# Tried These?





The Chef's Garden | www.chefs-garden.com | (1990) in the Chef's Garden | www.chefs-garden | www.chefs-garde